

SUN VALLEY



GAMES

The Sun Valley Winter Games

A Figure Skating Event

Hosted by

The Sun Valley Figure Skating Club

Sun Valley Skating Center, Sun Valley, Idaho

February 24, 2018

Events offered, Compete USA to Senior Compulsory, Free Skate, Test Track,
Short Programs, Adult Free Skate and Showcase events

Entry Deadline is JANUARY 22, 2018

ONLINE ENTRY AND MUSIC

SUBMITTAL PROCESS ONLY

PLEASE LOG ON TO

www.entryeeze.com

Sanctioned by:





The Sun Valley Winter Games will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and is a currently registered member of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. Citizens.

ELIGIBILITY/TEST LEVEL:

Test level: Competition level is the highest test passed as of the entry deadline, January 22, 2018 in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event and not at multiple levels in the same event during the same competition. Girls and Boys will be combined in events as per the US Figure Skating rules. Events with large numbers of entries may be split by age into multiple, equal-sized groups. Events may be skated with more than six skaters per warm up group. Skaters who placed in the top four in a final round of their last qualifying competition in their divisions must move up one level, except for novice and higher.

AGE RESTRICTIONS/ REQUIREMENTS: Skaters entering Juvenile free skate events (Well Balanced Program) must be under 14 years of age as of January 22, 2018. Skaters entering open juvenile free skate events (Well Balanced Program), must be at least 14 years of age as of January 22, 2018.

Skaters entering Beginner–Pre-Juvenile events will be divided as closely as possible by age should the number of entries warrant more than one group.

ENTRIES: The entry deadline is midnight January 22, 2018. All entries are to be made online at www.entryeeze.com Look for the SV Winter Games logo or use their search bar. Entry fee for the first event is \$90.00 and \$45.00 for each additional event.

REFUND POLICY There will be no refunds given for withdrawal after the close of the entries on January 22, 2018. Refunds will be issued in accordance with Rule 3047 and only if the event is not held. In any event with only one entry, the skater will be offered the choice of either competing as an individual competitor in accordance with Rule 3045A without a refund, or withdrawing from the event and receiving a refund. All refunds, minus the online process fee, will be returned to your credit card within 30 days of the end of the competition based on determination of the LOC that a refund is due. The online processing fee is not refundable for any reason. No refunds will be issued for injuries.

FACILITIES: The competition will be held at the Sun Valley Skating Center 208-622-2194. The Sun Valley Resort maintains two adjacent ice surfaces, one indoor and the other outdoor. Indoor ice dimensions are 95' x 190' with rounded corners. Outdoor ice dimensions are approximately 90' x 180' with slightly rounded corners. All events and official practice ice will be held on the indoor arena. A snack bar will be open during the event and two dressing rooms will be available to the comp

MUSIC: Competitors are required to **upload their music to Entryeeze by February 15, 2018** after registering for this competition. CD's will still be required as a backup. CDs must only have one track. Skaters should have a spare CD nearby during their performance. Please follow the steps at Entryeeze.com, log into your skater account and follow instructions as to how to upload in the mp3 format.

LIABILITY: U.S. Figure Skating, Sun Valley FSC, and Sun Valley Skating Center/ Sun Valley Resort accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

JUDGING SYSTEM: The International Judging System (IJS) will be used for the following events: Well balanced free skate events, Preliminary thru Senior (including Open Juvenile) and Adult Gold Thru Master Junior-Senior. Short Program events, Juvenile to Senior. The 6.0 Majority Judging System will be used for Test Track and all other events. Sun Valley FSC reserves the right to use the 6.0 judging system for any IJS events when IJS -qualified officials are unavailable.

PLANNED PROGRAM CONTENT FORM (PPC) All competitors skating in IJS judged (see judging System section) are required to submit their planned program content form with their entry online via www.Entryeeze.com. Revisions to a skater's PPC will be accepted via Entryeeze thru February 15, 2018. Competitors not submitting their PPCs via Entryeeze will be required to provide a paper PPC prior to registering and will be subject to a \$35.00 late fee.

REGISTRATION: Registration will begin on Friday February 23 2018 at 3pm – 5pm and open 45 minutes prior to Saturday events. The registration table will be located in the indoor rink lobby area on the north side of the building.

PRACTICE ICE: Practice Ice is \$20 per 30-minute session. Please make practice ice reservations along with your online entry at www.entryeeze.com no later than January 22, 2017. Notification of online entry practice ice selection will be sent via Entryeeze as soon as the schedule is posted. Practice ice will be between 3-4:30pm on Friday February 23 and warm-up sessions will be available on Saturday morning prior to the competition.

PHOTOGRAPHY/VIDEOGRAPHY: Will not be available during this event.

AWARDS: Awards will be given as quickly as possible after each event, upstairs on the balcony of the indoor rink. Medals will be awarded for 1st through 4th place.

OFFICIAL NOTICES: An official bulletin board will be maintained at the registration desk. It is the responsibility of each competitor, parent and coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters are requested to arrive 45 minutes prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition.

TEST SESSION

A US Figure Skating test session will be held on Sunday February 25, 2018. The test application process will be available online Entryeeze.com. Log into the Sun Valley FSC membership page and then click on link for test registration.

INFORMATION REGARDING COACHES:

U.S. Figure Skating Rule MR 5.11 Coach Compliance

In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1:

Must be a current full member of U.S. Figure Skating - either through a member club or as an individual member;
Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee of \$30 and, if 18 years of age or older, successfully pass the background screen;
Must complete the appropriate CER courses (A, B, C or D) depending on the highest level of students being coached as of July 1. See rule MR 5. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

For Learn to Skate ONLY coaches - Any person, 18 and older, instructing in a Learn to Skate Program must have successfully passed the annual background screen and be registered as a Learn to Skate instructor member.

The local organizing committee/club will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will

not be allowed a credential – no exceptions. We strongly urge all coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without compliance is an ethics violation which is reported to U.S. Figure Skating and PSA.

For more information regarding Coach Compliance, please refer to:

<http://www.usfigureskating.org/Content/Coaching%20Compliance%20Toolkit.pdf>

CONTACT INFO: Our preferred method of contact regarding registration questions is emailing the office skatesunvalley@gmail.com. Additional information may be available on the club website. www.sunvalleyfsc.org.

ADDITIONAL INFORMATION:

Additional Hotels and Motels Please be sure to book early as this is a holiday weekend.

Sun Valley Resort reservations	800-786-8259
Best Western Kentwood Lodge,	800-805-1001
Best Western Tyrolean Lodge,	208-726-5336
Tamarack Lodge, Ketchum	800-521-5379
Clarion Inn of Sun Valley, Ketchum	800-262-4833
Lift Tower Lodge, Ketchum	800-462-8646
The Wood River Inn Hailey	877-542-0600
The Airport Inn, Hailey	208-788-2477
America Inn Lodge and Suites, Hailey	208-788-7950

Useful websites: www.sunvalley.com

www.visitsunvalley.com

www.sunvalleyonline.com

EVENTS OFFERED

SINGLES SHORT PROGRAM AND FREE SKATING EVENTS

Short Program, Intermediate - Senior and well-balanced program Free Skate No-Test – Senior Singles.

- Skaters will skate to the music of their choice. Vocal music is permitted.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- All current and appropriate IJS rules will be used. Coaches and athletes are expected to be aware of these rules by reading the documents on www.usfigureskating.org, under “Technical Information,” then “Singles/Pairs”
- Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.
- Short program and free skate are separate events. Short Program Requirements will be for the 2017-18 Season.

Links to USFS events below.

Click here: <http://www.usfsa.org/story?id=84109>

TEST TRACK FREE SKATING EVENTS

Events offered Pre-preliminary thru Senior Test Track. Elements are those in effect after July 1, 2017 listed in the rulebook for Pre-Preliminary and higher levels. General event requirements may be found using the link below.

<http://www.usfsa.org/programs?id=83973>

COMPULSORY EVENTS

General event parameters: No-Test – Juvenile: Elements skated on ½ ice

Elements may be performed only once

Music is not allowed

Qualifications and required elements for Compulsory events can be found with the link below

Click Here: <http://www.usfsa.org/shell?id=59255>

SHOWCASE EVENTS will be offered in Dramatic, Light Entertainment, Interpretive, Duets, Mini Production and Production groups. No-Test to Senior. General event parameters: Level will be determined by the highest free skate or dance (solo or partnered) test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher. For all additional requirements please use the links below for each event.

Click here for link: <http://www.usfsa.org/programs?id=84078>

Sun Valley Winter Games
February 24, 2018
Compete USA Announcement

The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Learn to Skate USA program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with Learn to Skate USA or a member club. There will be no more than six competitors in an event.

ELIGIBILITY: will be based on skill level as of closing date of entries, January 22, 2018. All Snowplow Sam and Basic 1-6 skaters must skate at highest level passed or one level higher and **NO** official U.S. Figure Skating tests may have been passed including Moves in the Field or individual dances.

For the Pre-freeskate, Freeskate 1-6, and Well Balanced levels, eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

It is very important to the success of the competition that skaters are placed in the correct divisions. If, for whatever reason, the Local Organizing Committee discovers that a skater has been placed in a category that is below their class level, the chairman and referee will have the option to move the skater into the proper division, even if this has to be done the day of the competition. This will ensure that every event is as fair as possible to the competitors.

ENTRY AND FEES

The entry process will be an online entry only. Please log on to www.entryeeze.com and click on the Sun Valley Winter Games logo. Fees: \$60. Per first event \$40. Per additional events. Deadline for entries is midnight January 22, 2018. Late entries may be accepted upon review of the LOC. Please contact skatesunvalley@gmail.com to submit a late entry. Practice ice will be \$20 per 30-minute session.

REFUND POLICY There will be no refunds given for withdrawal after the close of the entries on January 22, 2018. Refunds will be issued in accordance with Rule 3047 and only if the event is not held. In any event with only one entry, the skater will be offered the choice of either competing as an individual competitor in accordance with Rule 3045A without a refund, or withdrawing from the event and receiving a refund. All refunds, minus the online process fee, will be returned to your credit card within 30 days of the end of the competition based on determination of the LOC that a refund is due. The online processing fee is not refundable for any reason. No refunds will be issued for injuries.

FACILITIES: The competition will be held at the Sun Valley Skating Center 208-622-2194. The Sun Valley Resort maintains two adjacent ice surfaces, one indoor and the other outdoor. Indoor ice dimensions are 95' x 190' with rounded corners. Outdoor ice dimensions are approximately 90' x 180' with slightly rounded corners. All events and official practice ice will be held on the indoor arena. A snack bar will be open during the event and two dressing rooms will be available to the competitors.

MUSIC: Competitors are required to **upload their music to Entryeeze by February 15, 2018** after registering for this competition. CD's will still be required as a backup. CDs must only have one track. Skaters should have a spare CD nearby during their performance. Please follow the steps at Entryeeze.com, log into your skater account and follow instructions as to how to upload in the mp3 format.

LIABILITY: U.S. Figure Skating, Sun Valley FSC, and Sun Valley Skating Center/ Sun Valley Resort accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

JUDGING SYSTEM:

The 6.0 Judging Majority System will be used for all the Compete USA events in this competition, unless otherwise noted.

REGISTRATION: Registration will begin on Friday February 23, 2018 at 3pm – 5pm and open 45 minutes prior to Saturday events. The registration table will be located in the indoor rink lobby area on the north side of the building.

PRACTICE ICE: Practice Ice is \$20 per 30 minute session. Please make practice ice reservations along with your online entry at www.entryeeze.com no later than January 22, 2018. Notification of online entry practice ice selection will be sent via Entryeeze as soon as the schedule is posted. Practice ice will be between 3pm and 4:30 on Friday February 24th and warm-up sessions will be available on Saturday morning prior to the competition.

PHOTOGRAPHY/VIDEOGRAPHY: Will not be available during this event.

AWARDS: Awards will be given as quickly as possible after each event, upstairs on the balcony of the indoor rink. Medals will be awarded for 1st through 4th place.

OFFICIAL NOTICES: An official bulletin board will be maintained at the registration desk. It is the responsibility of each competitor, parent and coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters are requested to arrive 45 minutes prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition.

INFORMATION REGARDING COACHES:

All Coaches must be compliant under U.S. Figure Skating Rule MR 5.11 Coach Compliance. Please see the Non-qualifying portion of the announcement for details.

FOR LEARN TO SKATE COACHES ONLY - Any person, 18 and older, instructing in Learn to Skate USA program must have successfully passed the annual background screen and be registered as a Learn to Skate instructor member.



Compete USA Competitions

EVENT: Basic Elements: SNOWPLOW SAM – BASIC 6

Format choice of the host: Each skater will perform each element when directed by a judge or referee or have the option to perform one element at a time in the order listed below (no excessive connecting steps). Referee driven format examples: all skaters perform first element before moving on to the next and so on, or each skater performs all of the required elements before moving on to the next skater.

- To be skated on 1/3 to 1/2 ice.
- No music.
- **All elements must be skated in the order listed.**

Level	Time	Skating rules/standards
Snowplow Sam	1:00 max.	<ul style="list-style-type: none"> • March followed by a two-foot glide and dip • Forward two-foot swizzles, 2-3 in a row • Forward snowplow stop • Backward wiggles, 2-6 in a row
Basic 1	1:00 max.	<ul style="list-style-type: none"> • Forward two-foot glide and dip • Forward two-foot swizzles, 6-8 in a row • Beginning snowplow stop on two-feet or one-foot • Backward wiggles, 6-8 in a row
Basic 2	1:00 max.	<ul style="list-style-type: none"> • Forward one-foot glide, either foot • Scooter pushes, right and left foot, 2-3 each foot • Moving snowplow stop • Two-foot turn in place, forward to backward • Backward two-foot swizzles, 6-8 in a row
Basic 3	1:00 max.	<ul style="list-style-type: none"> • Beginning forward stroking showing correct use of blade • Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive • Forward slalom • Beginning backward one-foot glide, either foot • Moving forward to backward two-foot turn on a circle
Basic 4	1:00 max.	<ul style="list-style-type: none"> • Backward one-foot glides, right and left • Forward outside edge on a circle, clockwise or counter clockwise • Forward crossovers, 4-6 consecutive, both directions • Beginning two-foot spin, 2-4 revolutions • Backward ½ swizzle pumps on a circle, one direction only
Basic 5	1:00 max.	<ul style="list-style-type: none"> • Backward outside edge on a circle, clockwise or counterclockwise • Backward crossovers, 4-6 consecutive, both directions • Advanced two-foot spin, 4-6 revolutions • Forward outside three-turn, right and left • Hockey stop
Basic 6	1:00 max.	<ul style="list-style-type: none"> • Forward inside three-turn, right and left • Bunny Hop • Forward spiral on a straight line, right or left • Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry • T-stop, right or left



Compete USA Competitions

EVENT: Basic Program: SNOWPLOW SAM – BASIC 6

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified.

- To be skated on full ice.
- The skater may use elements from a previous level.
- A 0.2 deduction will be taken for each element performed from a higher level.

Level	Time	Skating rules/standards
Snowplow Sam	1:10 max.	<ul style="list-style-type: none"> • March followed by a two-foot glide and dip • Forward two-foot swizzles, 2-3 in a row • Forward snowplow stop • Backward wiggles, 2-6 in a row
Basic 1	1:10 max.	<ul style="list-style-type: none"> • Forward two-foot glide and dip • Forward two-foot swizzles, 6-8 in a row • Beginning snowplow stop on two-feet or one-foot • Backward wiggles, 6-8 in a row
Basic 2	1:10 max.	<ul style="list-style-type: none"> • Forward one-foot glide, either foot • Scooter pushes, right and left foot, 2-3 each foot • Moving snowplow stop • Two-foot turn in place, forward to backward • Backward two-foot swizzles, 6-8 in a row
Basic 3	1:10 max.	<ul style="list-style-type: none"> • Beginning forward stroking showing correct use of blade • Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive • Forward slalom • Beginning backward one-foot glide, either foot • Moving forward to backward two-foot turn on a circle
Basic 4	1:10 max.	<ul style="list-style-type: none"> • Backward one-foot glides, right and left • Forward outside edge on a circle, clockwise or counter clockwise • Forward crossovers, 4-6 consecutive, both directions • Beginning two-foot spin, 2-4 revolutions • Backward ½ swizzle pumps on a circle, one direction only
Basic 5	1:10 max.	<ul style="list-style-type: none"> • Backward outside edge on a circle, clockwise or counterclockwise • Backward crossovers, 4-6 consecutive, both directions • Advanced two-foot spin, 4-6 revolutions • Forward outside three-turn, right and left • Hockey stop
Basic 6	1:10 max.	<ul style="list-style-type: none"> • Forward inside three-turn, right and left • Bunny Hop • Forward spiral on a straight line, right or left • Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry • T-stop, right or left

EVENT: Pre-Free Skate – Free Skate 6 Compulsory

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music is allowed.
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time: 1:15 max

Level	Time	Skating rules/standards
Pre-Free Skate	1:15 max	<ul style="list-style-type: none"> • Forward inside open Mohawk from a standstill position (R to L and L to R) • Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise • One-foot upright spin, optional entry and free-foot position (minimum three revolutions) • Mazurka • Waltz jump
Free Skate 1	1:15 max.	<ul style="list-style-type: none"> • Forward power stroking, 4-6 consecutive strokes • Backward outside three-turns, right and left • Upright spin, entry from backward crossovers - minimum 4-6 revolutions • Toe loop • Half flip jump
Free Skate 2	1:15 max.	<ul style="list-style-type: none"> • Alternating forward outside and inside spirals on a continuous axis (2 sets) • Backward inside three-turns, right and left • Beginning back spin, up to two revolutions • Half Lutz • Salchow jump
Free Skate 3	1:15 max.	<ul style="list-style-type: none"> • Alternating Mohawk/crossover sequence, right to left and left to right • Waltz three-turns, clockwise and counterclockwise • Advanced back spin with free foot in crossed leg position, min 3 revs • Loop jump • Waltz jump/toe loop or Salchow/toe loop jump combination
Free Skate 4	1:15 max.	<ul style="list-style-type: none"> • Forward power 3's, 2-3 consecutive sets, right or left • Sit spin - minimum three revolutions • Half loop jump • Flip jump
Free Skate 5	1:15 max.	<ul style="list-style-type: none"> • Backward outside three-turn, Mohawk (backward power three-turn), both directions • Camel spin - minimum three revolutions • Waltz jump-loop jump combination • Lutz jump
Free Skate 6	1:15 max.	<ul style="list-style-type: none"> • Forward power pulls, right and left • Split jump or stag jump • Camel, sit spin combination - minimum of four revolutions total • Waltz jump, ½ loop, Salchow jump sequence • Axel jump

EVENT: Pre-Free Skate – Free Skate 6 Program

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting steps and transitions should be demonstrated throughout the program.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time 1:40 max.

Level	Time	Skating rules/standards
Pre-Free Skate	1:40 max	<ul style="list-style-type: none"> • Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise • One-foot upright spin, optional entry and free-foot position (minimum three revolutions) • Mazurka • Waltz jump
Free Skate 1	1:40 max	<ul style="list-style-type: none"> • Forward power stroking, 4-6 consecutive strokes • Upright spin, entry from backward crossovers - minimum 4-6 revolutions • Toe loop jump • Half flip jump
Free Skate 2	1:40 max.	<ul style="list-style-type: none"> • Alternating forward outside and inside spirals on a continuous axis (2 sets) • Beginning back spin, up to two revolutions • Half Lutz • Salchow jump
Free Skate 3	1:40 max	<ul style="list-style-type: none"> • Alternating Mohawk/crossover sequence, right to left and left to right • Advanced back spin with free foot in crossed leg position, min 3 revs • Loop jump • Waltz jump-toe loop or Salchow-toe loop jump combination
Free Skate 4	1:40 max.	<ul style="list-style-type: none"> • Forward power 3's, 2-3 consecutive sets, right or left • Sit spin - minimum three revolutions • Half Loop jump • Flip jump
Free Skate 5	1:40 max.	<ul style="list-style-type: none"> • Backward outside three-turn, Mohawk (backward power three-turn), both directions • Camel spin - minimum three revolutions • Waltz-loop jump combination • Lutz jump
Free Skate 6	1:40 max.	<ul style="list-style-type: none"> • Split jump or stag jump • Camel, sit spin combination - minimum of four revolutions total • Waltz jump, ½ loop, Salchow jump sequence • Axel jump

EVENT: Introductory Levels Compulsory

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music is allowed.
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- *Skaters may have the option to skate one level higher in compulsories than their free skate program.*

Level	Time	Skating rules/standards
Beginner	1:15 max.	<ul style="list-style-type: none"> • Waltz jump • ½ jump of choice • Forward two-foot or one-foot spin - minimum three revolutions (free leg position optional) • Forward or backward spiral
High Beginner	1:15 max.	<ul style="list-style-type: none"> • Toe loop jump • Salchow jump • Forward scratch spin - minimum three revolutions • Forward or backward spiral

EVENT: Introductory Levels Free Skate Program

General event parameters:

- Skaters will skate to the music of their choice.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- Minimum number of spin revolutions are in parentheses following the spin description. Revolutions must be in position.

Level	Jumps	Spins	Step Sequences	Qualifications
Beginner 1:40 Maximum	Max. 5 jump elements: <ul style="list-style-type: none"> • Jumps with no more than one-half rotation (front to back or back to front). • Max. 2 jump sequences • Max. 2 of any same jump 	Max. 2 spins: <ul style="list-style-type: none"> • Two upright spins, no change of foot, no flying entry (Min. 3 revolutions) 	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate USA free skating badge tests
High Beginner 1:40 Maximum	Max. 5 jump elements: <ul style="list-style-type: none"> • Jumps with no more than one-half rotation (front to back or back to front including half-loop) • Single rotation jumps: Salchow and toe loop only. • Max. 2 jump combinations or sequences • Max. 2 of any same type jump. 	Max. 2 spins: <ul style="list-style-type: none"> • Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions) 	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate USA free skating badge tests



Compete USA Competitions

EVENT: COMPULSORY MOVES

General event parameters:

- Elements skated on ½ ice
- Elements may be performed only once
- Music is not allowed

Level	Time	Skating rules/standards
No-Test	1:15 max.	<ul style="list-style-type: none"> • Loop jump • Jump combination to include a toe loop (may not use a loop or Axel) • Solo spin - sit <u>or</u> camel spin - minimum three revolutions • Spiral sequence, must include a forward and backward spiral. Additional spirals and balance moves may be included.
Pre-Preliminary	1:15 max.	<ul style="list-style-type: none"> • Toe Loop jump • Jump combination: single/single (no Axel) • Sit spin or camel spin - minimum three revolutions • Spiral sequence with one forward spiral and one backward spiral (any edge)
Preliminary	1:15 max.	<ul style="list-style-type: none"> • Lutz jump • Jump combination: single/single (may include Axel) • Back upright spin - minimum three revolutions • Forward inside spiral



Compete USA Competitions

EVENT: WELL BALANCED PROGRAM FREE SKATE

General event parameters:

- Skaters may not enter both a Well Balanced Free Skate event and a Test Track Free Skate event at the same nonqualifying competition.
- Skaters will skate to the music of their choice.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.

Level	Time	Jumps	Spins	Step Sequences
No-Test	1:40 Maximum	<p>Max. 5 jump elements:</p> <ul style="list-style-type: none"> • Single jumps, with the exception of the single Axel, are allowed • No single Axels, double jumps or triple jumps • Maximum of 2 jump combinations or sequences • Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is permitted • Jump sequences limited to a maximum of 3 single jumps <p>Half-loop is considered a listed jump with the value of a single loop when used in a sequence or combination</p>	<p>Max. 2 spins:</p> <ul style="list-style-type: none"> • Spins may change feet and/or position • Spins may start with a fly • Minimum 3 revs. <p>Spins must be of a different character (For definition see rule 4103E)</p>	<p>Step sequence*</p> <p>Must use one-half the ice surface</p> <p>Moves in the field and spiral sequences are permitted but will not be counted as elements.</p> <p>Jumps may be included in the step sequence</p>

Pre-Preliminary	1:40 Maximum Vocal music permitted	<p>Maximum of 5 jump elements:</p> <ul style="list-style-type: none"> • All single jumps, including single Axel, allowed • No double, triple or quadruple jumps allowed • Axel may be repeated once as a solo jump, as part of a jump combination or jump sequence. (maximum of 2 single Axels) • Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded • Max. 2 jump combinations or sequences • Jump combinations are limited to 2 jumps except that one 3-jump combination with a maximum of 3 jumps is permitted. • Jump sequences limited to a maximum of 3 single jumps • ½ loop is considered a listed jump with the value of a single loop when used in a sequence or combination 	<p>Maximum of 2 spins:</p> <ul style="list-style-type: none"> • Spins may change feet and/or position. • Spins may start with a fly. • Minimum of 3 revolutions <p>These spins must be of a different character (For definition see Rule 4103 (E))</p>	<p>One step sequenced that must use ½ of the ice surface.</p> <p>Moves in the field and spiral sequences are permitted, but will not count as elements</p> <p>Jumps may be included in the step sequence</p>
Preliminary	1:40 Maximum Vocal music permitted	<p>Maximum of 5 jump elements:</p> <ul style="list-style-type: none"> • One must be an Axel or Waltz-jump type jump • All single jumps, including single Axel, allowed. Only 2 different jumps may be attempted (limited to double Salchow, double toe loop and double loop) • Double flip, double Lutz, double Axel, triple or quadruple jumps are not allowed • An Axel plus up to two different, allowable double jumps may be repeated once (but not more) as solo jumps or part of jump combinations or jump sequences • Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded • Maximum 2 jump combinations or sequences • Jump combinations are limited to 2 jumps except that one 3-jump combination with a maximum of 2 double jumps and 1 single jump is permitted. • Jump sequences limited to a maximum of 3 single or double jumps • ½ loop is considered a listed jump with the value of a single loop when used in a sequence or combination 	<p>Maximum of 2 spins:</p> <ul style="list-style-type: none"> • Spins may change feet and/or position. • Spins may start with a fly. • Minimum of 3 revolutions <p>These spins must be of a different character (For definition see Rule 4103 (E))</p>	<p>One step sequenced that must use ½ of the ice surface.</p> <p>Moves in the field and spiral sequences are permitted, but will not count as elements</p> <p>Jumps may be included in the step sequence</p>

EVENT: Test Track Free Skate

General event parameters:

- Skaters may not enter both a Well Balanced Free Skate event and a Test Track Free Skate event at the same nonqualifying competition.
- Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or “skate up” to one level higher.
- Minimum number of spin revolutions are in () following the spin description. Revolutions must be in position.
- The following deductions will be taken:
 - 0.1 from each mark for each technical element included that is not permitted in the event description.
 - 0.2 from the technical mark for each extra element included.
 - 0.1 from the technical mark for any spin that is less than the required minimum revolutions.

Level	Jumps	Spins	Step Sequences	Qualifications
Pre-Preliminary 1:40 max.	Maximum of 5 jump elements: <ul style="list-style-type: none"> • Jumps with not more than one-half rotation (<i>front to back or back to front including half-loop</i>) • Single rotation jumps: Salchow, toe loop and loop only • Maximum 2 jump combinations or sequences • Maximum 2 of any same type jump 	Maximum of 2 spins: <ul style="list-style-type: none"> • Two spins of a different nature, one position only. No change of foot, no flying entry (Minimum 3 revolutions) 	Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test.
Preliminary 1:40 max..	Maximum of 5 jump elements: <ul style="list-style-type: none"> • Jumps with not more than one rotation (no Axels) • Maximum 2 jump combinations or sequences • Maximum 2 of any same type jump 	Maximum of 2 spins: <ul style="list-style-type: none"> • One spin in one position; no change of foot, no flying entry. (Minimum 3 revolutions) • One spin consisting of a front scratch to back scratch; exit on spinning foot not mandatory. (Min. 3 revolutions per foot) 	Connecting moves and steps should be demonstrated throughout the program.	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test, but may not have passed tests higher than the preliminary free skate test.